



Peach Compote

SERVES&NBSP;

Ingredients

3 medium peaches

1/3 cup brown sugar

1/8 tsp salt

2 Tbsp of water

dash of vanilla, optional

Instructions

Wash and peel the peaches. Cut into slices and place in a small saucepan.

Add the sugar, water, salt and vanilla if you're using it.

Bring the mixture to a boil, then reduce and simmer for about 15 minutes until the peaches are super soft and the mixture has thickened.

When cooled, store in mason jars in the fridge for up to 2 weeks.

Serve on pancakes, waffles, on cheese plates or in the appetizer we're making today.